

Info on Swine Influenza A (H1N1) Virus

From Senate Majority Leader Steven Horsford:

It is important that Nevadans are aware of the latest developments. We have one confirmed case in Washoe County and there could be more in the next day.

Nevadans need to know that the state and local government is doing everything it can to protect citizens. There is a lot of helpful information at <http://www.health.nv.gov/>. But the most important thing people can do is understand the facts. Flu viruses spread from person to person mainly through the coughing or sneezing of a sick person.

Flu virus may also be spread when a person touches something that is contaminated with the virus and then touches his or her eyes, nose, or mouth. The single best way to avoid the flu is to wash your hand very frequently.

We are taking this situation very seriously and we will continue to keep the public informed. For more that you can do to protect yourself and your family, go to <http://www.health.nv.gov/>.